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THE RED WALK

Takes about 1 hour and 15 minutes over a distance of approx 2 miles, across some rough ground.

THE RED WALK

A



B



C

D

- A:** Path alongside Rowney Wood
- B:** Allotments, High Wych Road
- C:** Windmill, High Wych Lane
- D:** The Brook, Sawbridgeworth

Walking For Health

This is one of a series of six walks in and around Sawbridgeworth and is part of an initiative by the Stort Valley Project, East Herts Council and Sawbridgeworth Town Council



This leaflet is printed on paper from a sustainable source.

Location: Start and finish in Pishiobury Park Car Park, off A1184 South of Sawbridgeworth

Grid Ref: 51° 42.28'N 00° 08.32'E

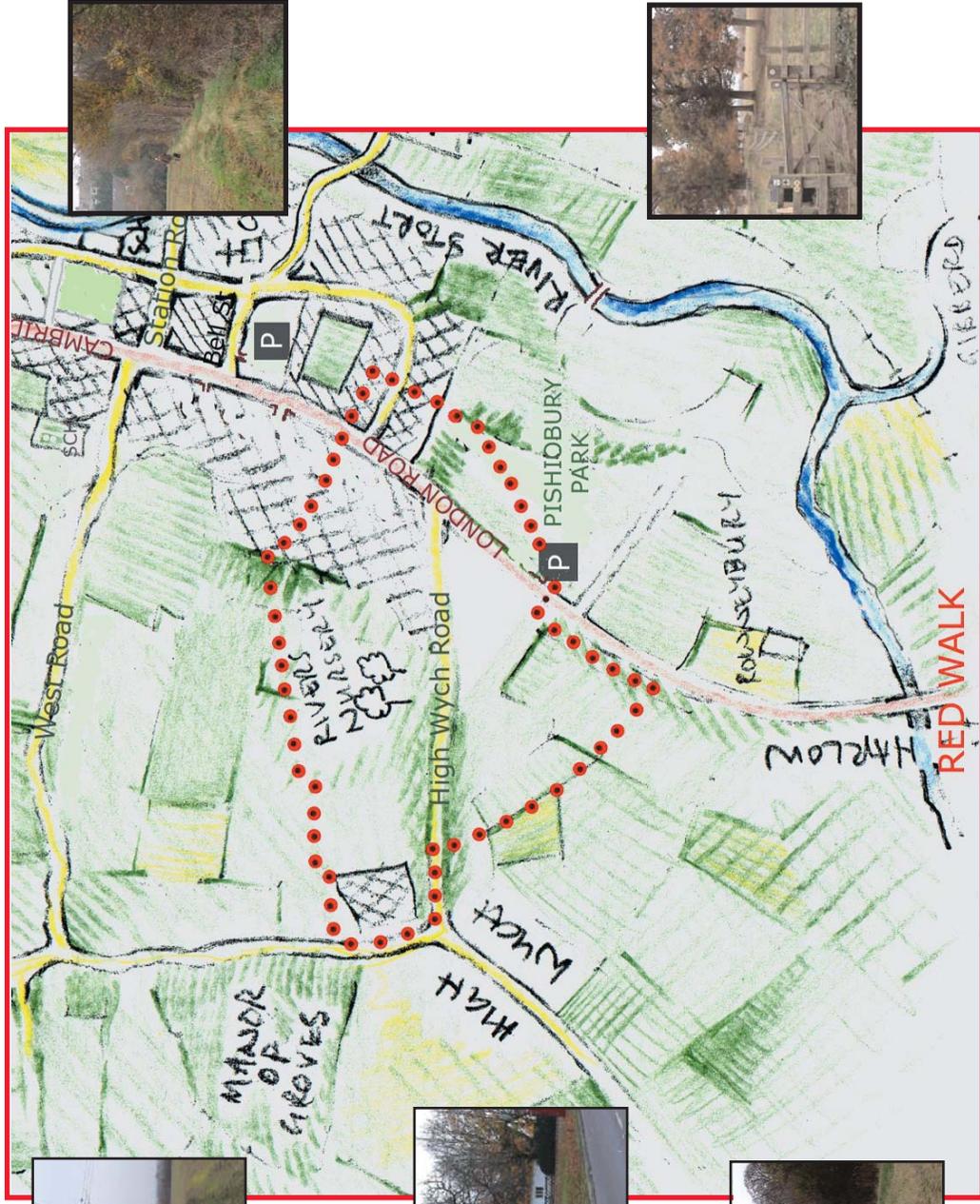
Pathfinder: TL 41/51

Land Ranger: TL 474 139 (167)



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**ONE OF SIX WALKS
IN & AROUND
SAWBRIDGEWORTH**



1 Exit car park under the height barrier on to the road A1184 and turn left to cross road at pedestrian crossing. Turn left straight into Rowney Gardens and continue down this road to the end where it meets Chaseways. Turn right away from the main road and proceed along Chaseways with houses on left and hedgerow on right. Pass Private Property sign and under height barrier, pass field entrance with yellow way mark and turn right at blue way mark into open field with Rowney Wood on far side.

2 Turn left keeping the hedgerow on your left, notice Rowney farmhouse and as this is passed, bear right towards wood. With wood on right and hedgerow on left enter path, which turns into bridleway and tarmac surface, with stables and houses on right. Continue to highway (High Wych Road) turn and cross highway continuing left to High Wych Village. If you wish to shorten the walk and miss the pubs, turn right into Broadfields and continue along the edge of the field towards pine trees and rejoin main walk under power lines. If not, continue into the village where you will find two pubs - Half Moon on right and Rising Sun on left.

3 Bear right at the village green in front of the Half Moon. If you have time St James Church is worth a visit - further down main highway. Continue with Post Office on right and then entrance to Manor of Groves on left, notice windmill in garden marked WW2 Mosquito fuel tank. Continuing along footpath until you reach Woodside Cottage then turn right on to twitchell marked footpath. At end of twitchell turn left then right under power lines and across fields. Those who took the shorter route will join us under the power lines. Continue down this farm track until you come to a kissing gate on your right. This leads into Rivers Nursery Orchard and is well worth a detour.

4 Turn left at kissing gate keeping to farm track and first right to far hedgerow. This open land is the place to hear skylarks and green woodpeckers. Pass through gap in hedge, bear slightly left and continue northwards towards houses, towards culverted stream. Cross culvert and proceed along twitchell towards houses crossing road. Turn right at sign for Gilders, cross road continue right to railings. Down steps into Brook Lane with brook on left. Continue along Brook Lane until you reach A1184 opposite car showrooms (Sbw Motor Co), turn left crossing road at pedestrian lights.*

5 Bear slightly right to pick up footpath with brook now on right. Cross culvert at road continuing with brook on right. Pass Bell Mead Allotments on left and turn right over bridge up path to Brook Road.*

6 Cross Brook Road into twitchell opposite and continue up the rise to Pishiobury Park. Pass through kissing gate with post and rail fence on right; worth a linger here. At end of post and rail fence bear right to take path down hill to footbridge across stream and following path in grass for 1/4 mile the car park will appear on the right. You have made it back to the start.

**(Those less agile can join this point in Brook Road without walking the brook by continuing past Sbw Motor Co and turning left up Brook Road.)*