

In Southern Country Park you will now find a permanent orienteering course that can be used at your leisure. Just follow these 3 easy steps to have a go!

1. Download the required map. Easy (suitable for less able users), Medium (Slightly longer than easy with more challenging navigation, Hard (Uses all of the park, Ideal if you want to stretch your legs)
2. Once armed with a map, visit [Thorley Lane Car Park \(Thorley Lane East, Bishops Stortford, Herts, CM23\)](#) Just through the gate in the South West Corner of the car park, you will find a post with a 'friends of Southern Country Park' plaque attached. This is the start and finish. The start is marked on your map with a red triangle and the finish is two red circles.
3. Using the map the idea is to navigate your way around the course in numerical order. In the middle of each circle you will find a large post with coloured bands on. These indicate which course the post belongs to. You also need to look out for the small circular plaque that has a number on it. If you want to be competitive you can record these numbers as you go around and submit them to us at the end to see if you visited them in the correct order.